

There Is a Rest

Words and Music by
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A musical score for 'There Is a Rest' featuring two staves of music with lyrics. The top staff uses a treble clef and a key signature of A♭ major (two flats). The bottom staff uses a bass clef and a key signature of E♭ major (one flat). The music is in common time (indicated by '3'). Chords are labeled above the notes. The lyrics describe a weary soul seeking rest and finding it through God's grace.

1. Wear - ied and wor - ried with cares of this world, Hu - man - i - ty's mass- es rush to

2. Hav - ing cre - at - ed the heav - ens and earth, God set a - side one day

on, rest, Striv - ing for some - thing to make life worth - while, Long - ing for some - day when

En - joy - ing ev - 'ry - thing His hands had made, Know - ing He'd giv - en man

life set - tles down. Be - fore they find rest in the goods they have the gath- ered And On

His ver - y best. Now, what God en - joys, He de - sires for the crea- ture On

feel they've en - joyed life e - nough, The bod - y grows weak and in life shows it - self of life's

whom He has lav - ished His grace; And, He has a rest in the midst

fu - tile tem - pest, And they think it all a waste that they worked for life's stuff; But,

tem - pest, For the soul com - mit - ted to seek - ing His face.

Chords: A♭, E♭⁷, Fm, A♭⁷, D♭, E♭⁷, A♭, D♭, D♭⁹, A♭, E♭, E♭/A♭, E♭⁷, D♭, E♭⁷, A♭, A♭⁹/A♭, A♭, D♭, B♭⁷, C⁷, D♭, D♭⁹, A♭, Fm, B♭⁷, E♭, E♭/A♭, E♭⁷.

Chorus

A musical score for a hymn, featuring two staves of music with lyrics. The music is in common time and consists of eight staves of music, each ending with a repeat sign and a double bar line. The key signature is A♭ major (three flats). The chords used include A♭, E♭7, Fm, A♭7, D♭, E♭7, A♭, D♭, D♭m6, A♭, Fm, B♭7, E♭, E♭/A♭, E♭7, D♭, E♭7, A♭, A♭7, D♭, E♭7, C7, D♭, E♭7, A♭, Fm7, B♭7, E♭6, A♭, and A♭.

The lyrics are:

There is a rest for the people of God, There is a joy for the soul,
Peace and content - ment in what God has giv - en, That bless - ed as - sur - ance we
on - ly can know When Je - sus is Lord and we love Him sin - cere - ly, Whole -
heart - ed - ly walk - ing His way. There is a rest for the
peo - ple of God: It is ours as we trust and o - bey.